

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health 4

Course Number: 08467

Course Prerequisites: None

Course Description: Health 4 shall teach and support the exploration of concepts for healthy living, including general health, social behavior, responsible decision-making, healthy practices and hygiene, mental health and wellness, healthy eating and nutrition, PBIS, disease and illness prevention, safety and accident prevention, and anti-bullying strategies.

Suggested Grade Level: Grade 4

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG #47 or #69 or #70

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08074

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title:	QuaverEd Health-PE
Publisher:	n/a
ISBN #:	n/a
Copyright Date:	n/a
WCSD Board Approval Date:	6/12/25

Supplemental Materials:

Curriculum Document

WCSD Board Approval:

Date Finalized:	2/12/2025
Date Approved:	5/05/2025
Implementation Year:	2025-2026

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

1. General Health
2. Social Behavior
3. PBIS

Marking Period 2

1. Responsible Decision Making
2. Healthy Practices and Hygiene

Marking Period 3

3. Mental Health and Wellness
4. Healthy Eating and Nutrition
5. PBIS

Marking Period 4

1. Disease and Illness Prevention
2. Safety and Accident Prevention
3. Bullying

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Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Look at the community with a critical eye for health practices.	10.2.6.E	MP1
Identify how technology influences health and learn valid sources of health information.	10.2.6.C	MP1
Know how to recognize and prevent common safety hazards and how to respond to more dangerous injuries.	10.3.6.B	MP4
Read and respond to nonverbal forms of communication such as facial expressions and body language, especially in the context of defusing or resolving potential conflict.	10.2.6.C 10.3.6.C	MP1
Respect individual differences among friends without allowing negative emotions to trigger unhealthy behaviors.	10.1.6.A	MP1
Identify positive social groups and role models as well as resist peer pressure.	10.1.6.D	MP4
Develop evaluation criteria necessary for good decision-making.	10.3.6.C 10.2.6.D	MP2
Develop effective ways to improve personal hygiene.	10.1.6.E	MP2
Understand the consequences of poor oral hygiene and the importance of creating a daily dental health routine.	10.1.6.C	MP2
Understand the warning signs and protective factors of self-harm as well as the importance of seeking assistance from a trusted adult.	10.2.6.D 10.1.6.E	MP3
Identify and deal with situations or activities that result in anxious feelings.	10.2.6.D 10.1.6.E	MP3
Identify the six major nutrients and foods they are found in.	10.1.6.C	MP3
Identify the possible negative reactions that can occur when eating certain foods.	10.1.6.E 10.1.6.C	MP3
Understand refusal skills and how to say no when offered tobacco, alcohol, or drugs.	10.1.6.D	MP4
Define mental health as an important part of overall wellness and to identify mental health providers in school and community settings.	10.1.6.E	MP3
Understand major disease types, communicable and noncommunicable, and their impact on the population.	10.1.6.E 10.1.6.B	MP4
Assess how personal decisions can reduce and prevent injuries.	10.3.6.A	All

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments