

## WARREN COUNTY SCHOOL DISTRICT

### PLANNED INSTRUCTION

#### **COURSE DESCRIPTION**

**Course Title:** Physical Education 7

**Course Number:** 00604

**Course Prerequisites:** None

**Course Description:** Grade 7 continues the development of team and individual sport strategies as well as game concepts and rules of play introduced in Grade 6. The student will recognize the value and benefit of physical fitness in maintaining a healthy lifestyle. Students will complete WCSD Fitness Testing.

**Suggested Grade Level:** Grade 7

**Length of Course:** One Nine-Week Marking Period

**Units of Credit:** .25

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](#)

**Certification verified by the WCSD Human Resources Department:** ☒ Yes ☐ No

#### **WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

**GPA Type:** ☐ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society  
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

**State Course Code:** 08001

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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#### **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

##### **Board Approved Textbooks, Software, and Materials:**

**Title:** NA  
**Publisher:** NA  
**ISBN #:** NA  
**Copyright Date:** NA  
**WCSD Board Approval Date:** NA

**Supplemental Materials:** NA

#### **Curriculum Document**

##### **WCSD Board Approval:**

**Date Finalized:** 2/13/2018  
**Date Approved:** 9/28/2018  
**Implementation Year:** 2018-2019

#### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

***Team Sports:*** Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball, Basketball, Floor Hockey, Team Handball

***Recreational Sports:*** Bowling, Kickball/Variations, Structured Games

***Individual/Dual Sports:*** Track & Field, Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 2**

***Team Sports:*** Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball, Basketball, Floor Hockey, Team Handball

***Recreational Sports:*** Bowling, Kickball/Variations, Structured Games

***Individual/Dual Sports:*** Track & Field, Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 3**

***Team Sports:*** Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball, Basketball, Floor Hockey, Team Handball

***Recreational Sports:*** Bowling, Kickball/Variations, Structured Games

***Individual/Dual Sports:*** Track & Field, Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 4**

***Team Sports:*** Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball, Basketball, Floor Hockey, Team Handball

***Recreational Sports:*** Bowling, Kickball/Variations, Structured Games

***Individual/Dual Sports:*** Track & Field, Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

**WARREN COUNTY SCHOOL DISTRICT****PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Marking Period Taught</b>
Analyze the role of individual responsibility for safety during physical activity.	Safety and Injury Prevention 10.3.6 D	MP1, MP 2, MP 3, MP 4
Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.	Physical Activity 10.4.6 A	MP1, MP 2, MP 3, MP 4
Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity. (Fitness Assessment)	Physical Activity 10.4.6 C	MP1, MP 2, MP 3, MP 4
Identify and apply game strategies to basic games and physical activities.	Concepts, Principles, & strategies of movement 10.5.6 F	MP1, MP 2, MP 3, MP 4
Identify and apply concepts of Team Sports.	Physical Activities 10.4.6 A	MP1, MP 2, MP 3, MP 4
Identify and apply concepts of individual and dual sports.	Physical Activities 10.4.6 A	MP1, MP 2, MP 3, MP 4
Identify and apply concepts of recreational sports.	Physical Activities 10.4.6 A	MP1, MP 2, MP 3, MP 4

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, POD's, Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Participation, Sportsmanship, Preparation