**COURSE DESCRIPTION**

**Course Title:** Physical Education 8

**Course Number:** 00607

**Course Prerequisites:** None

**Course Description:** Grade 8 prepares students to develop future personal fitness choices while reviewing and putting to practice the lessons developed in previous grades. The student will recognize the value and benefit of physical fitness in maintaining a healthy lifestyle. Students will complete the WCSD Fitness Testing.

**Suggested Grade Level**: Grade 8

**Length of Course:** One Semester

**Units of Credit:** .5

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx)

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type**:  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code**: 08001

To find the State Course Code, go to [State Course Code](https://nces.ed.gov/forum/sced.asp), download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:**  NA

**Publisher:** NA

**ISBN #:**  NA

**Copyright Date:** NA

**WCSD Board Approval Date:** NA

**Supplemental Materials:** NA

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 2/13/2018

**Date Approved:**  3/12/2018

**Implementation Year:** 2018-2019

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

***Team Sports:*** Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball

***Recreational Sports:*** Kickball/Variations, Structured Games

***Individual/Dual Sports:*** Track & Field, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 2**

***Team Sports****:* Basketball, Floor Hockey, Team Handball

***Recreational Sports:*** Bowling, Structured Games

***Individual/Dual Sports:*** Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 3**

***Team Sports****:* Basketball, Floor Hockey, Team Handball

***Recreational Sports:*** Bowling, Structured Games

***Individual/Dual Sports:*** Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 4**

***Team Sports:*** Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball

***Recreational Sports:*** Kickball/Variations, Structured Games

***Individual/Dual Sports:*** Track & Field, Cooperative Activities, Conditioning/Fitness Activities

**Standards/Eligible Content and Skills**

| **Performance Indicator** | **PA Core Standard and/or Eligible Content** | **Marking Period Taught** |
| --- | --- | --- |
| Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health. | 10.4.6 Physical Activity | MP 1 & 4  MP 2 & 3 |
| Explain the effects of regular participation in moderate to vigorous physical activities on the body systems. | 10.4.6 Physical Activity | MP 1 & 4  MP 2 & 3 |
| Identify and apply ways to monitor and assess the body’s response to moderate to vigorous physical activity. | 10.4.6 Physical Activity | MP 1 & 4  MP 2 & 3 |
| Describe factors that affect childhood physical activity preferences | 10.4.6 Physical Activity | MP 1 & 4  MP 2 & 3 |
| Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement. | 10.4.6 Physical Activity | MP 1 & 4  MP 2 & 3 |
| Identify and describe positive and negative interactions of group members in physical activities. | 10.4.6 Physical Activity | MP 1 & 4  MP 2 & 3 |
| Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills. | 10.5.6 Concepts, Principle and Strategies of Movement | MP 1 & 4  MP 2 & 3 |
| Identify and apply the concepts of motor skill development to a variety of basic skills. | 10.5.6 Concepts, Principle and Strategies of Movement | MP 1 & 4  MP 2 & 3 |
| Describe the relationship between practice and skill development | 10.5.6 Concepts, Principle and Strategies of Movement | MP 1 & 4  MP 2 & 3 |
| Describe and apply the principles of exercise to the components of health related and skill-related fitness. | 10.5.6 Concepts, Principle and Strategies of Movement | MP 1 & 4  MP 2 & 3 |
| Identify and use scientific principles that affect basic movement and skills using appropriate vocabulary. | 10.5.6 Concepts, Principle and Strategies of Movement | MP 1 & 4  MP 2 & 3 |
| Identify and apply game strategies to basic games and physical activities. | 10.5.6 Concepts, Principle and Strategies of Movement | MP 1 & 4  MP 2 & 3 |
| Analyze the role of individual responsibility for safety during physical activity. | 10.3.6 Safety and Injury Prevention | MP 1 & 4  MP 2 & 3 |

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Participation, Sportsmanship, Preparation (Proper Fitness Attire)