#### PLANNED INSTRUCTION

#### **COURSE DESCRIPTION**

Course Title:	Competitive Sports/Tournament Play
Course Number:	00622
Course Prerequisites:	None

**Course Description:** This course will combine skills and strategies that will lead to a competitive team environment. Flag football, Team Hand-Ball, Volleyball, Floor Hockey, and Basketball are some of the activities offered in this class. Tournament play will be featured throughout the semester. This is a physically demanding, highly competitive class and is recommended only for students who enjoy a high level of physical activity and also a variety of sporting interests. Content includes examining basic offensive and defensive strategies, proper sportsmanship, rules and fundamental skills needed to be successful.

 Suggested Grade Level: Grades 9-12

 Length of Course:
 One Semester

 Units of Credit:
 .5

 PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

 CSPG 47

 To find the CSPG information, go to CSPG

 Certification verified by the WCSD Human Resources Department:
 ⊠Yes

 Sector

#### WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Mark Types:	Academic Chack all that apply
wark Types:	Check all that apply.
	⊠F – Final Average ⊠MP – Marking Period □EXM – Final Exam
GPA Type:	$\Box$ GPAEL-GPA Elementary $\Box$ GPAML-GPA for Middle Level $oxtimes$ NHS-National Honor Society
	$oxedsymbol{\boxtimes}$ UGPA-Non-Weighted Grade Point Average $oxedsymbol{\boxtimes}$ GPA-Weighted Grade Point Average

#### State Course Code: 08049

To find the State Course Code, go to <u>State Course Code</u>, download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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#### TEXTBOOKS AND SUPPLEMENTAL MATERIALS

#### Board Approved Textbooks, Software, and Materials:

Title:	NA
Publisher:	NA
ISBN #:	NA
Copyright Date:	NA
WCSD Board Approval Date:	NA

Supplemental Materials: NA

#### **Curriculum Document**

WCSD Board Approval:	
Date Finalized:	11/13/2018
Date Approved:	4/8/2019
Implementation Year:	2019/2020

#### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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## SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

## Marking Period 1

*Team Sports:* Soccer, Volleyball, Football, Lacrosse, *Recreational Sports:* Ultimate Disc, Kickball/Variations, Structured Games *Individual/Dual Sports:* Tennis, Golf, Track & Field, Cooperative Activities

## Marking Period 2

*Team Sports:* Basketball, Floor Hockey, Team Handball, Softball/Baseball *Recreational Sports:* Bowling, 4-Square, Structured Games *Individual/Dual Sports:* Racquet Sports, Cooperative Activities

## Marking Period 3

*Team Sports:* Basketball, Floor Hockey, Team Handball, Softball/Baseball *Recreational Sports:* Bowling, 4-Square, Structured Games *Individual/Dual Sports:* Racquet Sports, Cooperative Activities

## Marking Period 4

*Team Sports:* Soccer, Volleyball, Football, Lacrosse, *Recreational Sports:* Ultimate Disc, Kickball/Variations, Structured Games *Individual/Dual Sports:* Tennis, Golf, Track & Field, Cooperative Activities

# PLANNED INSTRUCTION

## Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Evaluate the benefits, risks and safety factors associated with	Safety and Injury	MP1&4
self-selected life-long physical activities.	Prevention 10.3.12 D	MP 2 & 3
Evaluate and engage in an individualized physical activity plan	Physical Activity 10.4.12. A	MP1&4
that supports achievement of personal fitness and activity goals		MP 2 & 3
and promotes life-long participation.	10.4.12. A	
Analyze the effects of regular participation in a self-selected	Physical Activity	MP1&4
program of moderate to vigorous physical activities.	10.4.12. B	MP 2 & 3
Evaluate factors that affect physical activity and exercise	Physical Activity	MP1&4
preferences of adults.	10.4.12. B	MP 2 & 3
Analyze the interrelationships among regular participation in	Dhunding LA stilling	MP1&4
physical activity, motor skill improvement and the selection and	Physical Activity 10.4.12. E	MP 2 & 3
engagement in lifetime physical activities.	10.4.12. E	
Assess and use strategies for enhancing adult group interaction in	Physical Activity	MP1&4
physical activities.	10.4.12. F	MP 2 & 3
Apply knowledge of movement skills, skill-related fitness, and	Concepts, Principles	MP1&4
movement concepts to identify and evaluate physical activities	and Strategies of	MP 2 & 3
that promote personal lifelong participation.	Movement 10.5.12. A	
Incorporate and synthesize knowledge of motor skill	Concepts, Principles	MP1&4
	and Strategies of	MP 2 & 3
development concepts to improve the quality of motor skills.	Movement 10.5.12. B	
Evaluate the impact of practice strategies on skill development	Concepts, Principles	MP1&4
Evaluate the impact of practice strategies on skill development	and Strategies of	MP 2 & 3
and improvement.	Movement 10.5.12. C	
Analyze the application of some strategies for different	Concepts, Principles	MP1&4
Analyze the application of game strategies for different	and Strategies of	MP 2 & 3
categories of physical activities.	Movement 10.5.12. F	

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## **ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Participation, Sportsmanship, Preparation (Proper Fitness Attire)