**COURSE DESCRIPTION**

**Course Title:** Physical Education Grade 1

**Course Number:** 08166

**Course Prerequisites:** None

**Course Description:** Physical Education – Grade 1 is a continuation of the knowledge, skills, and safety precautions introduced in kindergarten. Students will begin to recognize body changes while engaged in moderate activity.

**Suggested Grade Level**: Grade 1

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx)

**Certification verified by the WCSD Human Resources Department:** [x] Yes [ ] No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

[ ] F – Final Average [x] MP – Marking Period [ ] EXM – Final Exam

**GPA Type**: [x]  GPAEL-GPA Elementary [ ]  GPAML-GPA for Middle Level [ ]  NHS-National Honor Society

[ ]  UGPA-Non-Weighted Grade Point Average [ ]  GPA-Weighted Grade Point Average

**State Course Code**: 08031

To find the State Course Code, go to [State Course Code](https://nces.ed.gov/forum/sced.asp), download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:**  N/A

**Publisher:** N/A

**ISBN #:**  N/A

**Copyright Date:** N/A

**WCSD Board Approval Date:** N/A

**Supplemental Materials:** N/A

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 5/3/2018

**Date Approved:**  6/11/2018

**Implementation Year:** 2018-2019

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

***Team Sports:*** Soccer, Football

***Recreational Sports:*** Tag Games, Kickball/Variations, Hula Hoop, Structured Games

***Individual/Dual Sports:*** Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 2**

***Team Sports****:* Volleyball

***Recreational Sports:*** Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games

***Individual/Dual Sports:*** Bowling, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 3**

***Team Sports:*** Basketball

***Recreational Sports:*** Racquet Sports, Structured Games

***Individual/Dual Sports:*** Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

**Marking Period 4**

***Team Sports:*** Whiffle Ball

***Recreational Sports:*** Parachute, Structured Games

***Individual/Dual Sports:*** Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

**Standards/Eligible Content and Skills**

| **Performance Indicator** | **PA Core Standard and/or Eligible Content** | **Marking Period Taught**  |
| --- | --- | --- |
| Identify and use safe practices in physical activity settings. | Safety & Injury Prevention 10.3.3 D | MP 1MP 2MP 3MP 4 |
| Exhibit safe play within the Physical Education setting. | Safety & Injury Prevention 10.3.3 D | MP 1MP 2MP 3MP 4 |
| Participate in age-appropriate warm-up activities that promote safe physical fitness. | Safety & Injury Prevention 10.3.3 D | MP 1MP 2MP 3MP 4 |
| Demonstrate proper execution of the critical elements of soccer. (Passing, dribbling, shooting) | Safety & Injury Prevention 10.3.3 D | MP 1 |
| Participate in individual and team throwing games. | Physical Activity 10.4.3 A & 10.4.3 C | MP 1MP 4 |
| Exhibit proper execution of the critical elements of Basketball. (Passing, dribbling, shooting) | Physical Activity 10.4.3 A & 10.4.3 C | MP 3 |
| Learn basic movement patterns to execute jump rope and hula hoop skills. | Physical Activity 10.4.3 A & 10.4.3 C | MP 2MP 3 |
| Show proper execution of the critical elements of Whiffle Ball (Underhand throwing, catching, and striking). | Physical Activity 10.4.3 A & 10.4.3 C | MP 4 |
| Know and recognize changes in body responses during moderate to vigorous physical activity including heart rate and breathing rate during physical activity. | Physical Activity 10.4.3 A & 10.4.3 C | MP 1MP 2MP 3MP 4 |
| Demonstrate locomotor movement skills including walk, hop, jump, side slide, and gallop, skip, run. | Concepts, Principles, & Strategies of Movement 10.5.3 A | MP 1MP 2 |
| Show manipulative movement skills including throw, catch, kick. | Concepts, Principles, & strategies of Movement10.5.3 A | MP 1MP 2MP 3MP 4 |
| Recognize and demonstrate relationships (under, over, beside) with and without equipment. | Concepts, Principles, & Strategies of Movement 10.5.3 A | MP 1MP 2MP 3MP 4 |
| Recognize spatial awareness within general and personal space. | Concepts, Principles, & Strategies of Movement 10.5.3 A | MP 1MP 2MP 3MP 4 |

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Teacher Observation, Participation, Sportsmanship, Understanding concepts and skills.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** None