

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education Grade 1

Course Number: 08166

Course Prerequisites: None

Course Description: Physical Education – Grade 1 is a continuation of the knowledge, skills, and safety precautions introduced in kindergarten. Students will begin to recognize body changes while engaged in moderate activity.

Suggested Grade Level: Grade 1

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☐ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08031

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

WARREN COUNTY SCHOOL DISTRICT

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: N/A
Publisher: N/A
ISBN #: N/A
Copyright Date: N/A
WCSD Board Approval Date: N/A

Supplemental Materials: N/A

Curriculum Document

WCSD Board Approval:

Date Finalized: 5/3/2018
Date Approved: 6/11/2018
Implementation Year: 2018-2019

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Football

Recreational Sports: Tag Games, Kickball/Variations, Hula Hoop, Structured Games

Individual/Dual Sports: Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Volleyball

Recreational Sports: Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games

Individual/Dual Sports: Bowling, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball

Recreational Sports: Racquet Sports, Structured Games

Individual/Dual Sports: Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

Marking Period 4

Team Sports: Whiffle Ball

Recreational Sports: Parachute, Structured Games

Individual/Dual Sports: Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

WARREN COUNTY SCHOOL DISTRICT

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Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and use safe practices in physical activity settings.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Exhibit safe play within the Physical Education setting.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Participate in age-appropriate warm-up activities that promote safe physical fitness.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Demonstrate proper execution of the critical elements of soccer. (Passing, dribbling, shooting)	Safety & Injury Prevention 10.3.3 D	MP 1
Participate in individual and team throwing games.	Physical Activity 10.4.3 A & 10.4.3 C	MP 1 MP 4
Exhibit proper execution of the critical elements of Basketball. (Passing, dribbling, shooting)	Physical Activity 10.4.3 A & 10.4.3 C	MP 3
Learn basic movement patterns to execute jump rope and hula hoop skills.	Physical Activity 10.4.3 A & 10.4.3 C	MP 2 MP 3
Show proper execution of the critical elements of Whiffle Ball (Underhand throwing, catching, and striking).	Physical Activity 10.4.3 A & 10.4.3 C	MP 4
Know and recognize changes in body responses during moderate to vigorous physical activity including heart rate and breathing rate during physical activity.	Physical Activity 10.4.3 A & 10.4.3 C	MP 1 MP 2 MP 3 MP 4
Demonstrate locomotor movement skills including walk, hop, jump, side slide, and gallop, skip, run.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2
Show manipulative movement skills including throw, catch, kick.	Concepts, Principles, & strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4
Recognize and demonstrate relationships (under, over, beside) with and without equipment.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4

WARREN COUNTY SCHOOL DISTRICT		
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Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Recognize spatial awareness within general and personal space.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher Observation, Participation, Sportsmanship, Understanding concepts and skills.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: None