

**WARREN COUNTY SCHOOL DISTRICT**

PLANNED INSTRUCTION

**COURSE DESCRIPTION**

**Course Title:** Health 1<sup>st</sup> Grade

**Course Number:** 08167

**Course Prerequisites:** None

**Course Description:** Through the use of technology, mixed media, Guidance staff, and ELA curriculum, the students can focus on personal responsibility to promote life-long good health, well-being, and making clear connections to their immediate environment.

**Suggested Grade Level:** Grade 1

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](#)

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average  MP – Marking Period  EXM – Final Exam

**GPA Type:**  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code:** 08071

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:** NA  
**Publisher:** NA  
**ISBN #:** NA  
**Copyright Date:** NA  
**WCSD Board Approval Date:** NA

**Supplemental Materials:**

Story Books:

**Gregory, the Terrible Eater** by Mitchell Sharmat  
**No Smoking, No Drinking, No Drugs** by Sally Huss  
**A Germ’s Journey** by Thom Rooke  
**Open Wide Tooth School Inside** by Laurie Keller  
**Power Up to Fight Pollution** by Lisa Bullard  
**Manners in the Lunchroom** by Amanda Doering Tourville  
**Manners on the School Bus** by Amanda Doering Tourville  
**Manners at School** by Carrie Finn  
**Manners on the Playground** by Carrie Finn  
**Once Upon a Dragon Stranger Safety for Kids** by Jean Pendziwol & Martine Gourbault  
**I’m Not Scared...I’m Prepared!** By Julia Cook

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 5/3/2018  
**Date Approved:** 6/11/2018  
**Implementation Year:** 2018-2019

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

Safe & Unsafe Practices

Body Systems

**Marking Period 2**

Emergency Responses

Health Practices, Products, & Services

**Marking Period 3**

Alcohol, Tobacco, & Chemical Substances

Health Problems & Disease Prevention

Nutrition

**Marking Period 4**

Safe & Unsafe Practices

Health & The Environment

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**Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and describe functions of basic body parts and organs.	10.1.3 Concepts of Health B	MP 1
Identify foods that keep our bodies healthy.	10.1.3 Concepts of Health C	MP 3
Distinguish between healthy and unhealthy behaviors	10.1.3 Concepts of Health D	MP 1 MP 2 MP 3 MP 4
Identify and discuss common health problems and risk factors.	10.1.3 Concepts of Health E	MP 2 MP 3
Identify fundamental practices for good health.	10.2.3 Healthful Living A	MP 2 MP 3
Identify environmental factors that affect health.	10.2.3 Healthful Living E	MP 4
Recognize safe and unsafe practices.	10.2.3 Safety and Injury Prevention A	MP 1 MP 2 MP 3 MP 4
Recognize emergency situations and discuss appropriate responses.	10.2.3 Safety and Injury Prevention B	MP 2

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, Teacher Observation.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, and Written Assignments