PLANNED INSTRUCTION

COURSE	DESCRI	PTION
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Course Title: Physical Education Grade 3

Course Number: 08366 **Course Prerequisites:** None

Course Description: Physical Education – Grade 3 is a continuation of the knowledge and skills that will

enable the student to achieve and maintain a physically active and healthy lifestyle.

Students will complete WCSD Fitness Testing.

Suggested Grade Level: Grade 3
Length of Course: Once A Week
Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to **CSPG**

Certification verified by the WCSD Human Resources Department: ⊠Yes □No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

 \Box F – Final Average \boxtimes MP – Marking Period \Box EXM – Final Exam

GPA Type:
☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08033

To find the State Course Code, go to <u>State Course Code</u>, download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

PLANNED INSTRUCTION

TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title:NAPublisher:NAISBN #:NACopyright Date:NAWCSD Board Approval Date:NA

Supplemental Materials: NA

Curriculum Document

WCSD Board Approval:

Date Finalized:5/3/2018Date Approved:6/11/2018Implementation Year:2018-2019

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

PLANNED INSTRUCTION

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Football

Recreational Sports: Tag Games, Kickball/Variations, Hula Hoop, Structured Games

Individual/Dual Sports: Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Volleyball, Team Handball

Recreational Sports: Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm &

Dance, Hula Hoop, Structured Games

Individual/Dual Sports: Bowling, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball, Floor Hockey

Recreational Sports: Racquet Sports, Structured Games

Individual/Dual Sports: Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

Marking Period 4

Team Sports: Whiffle Ball

Recreational Sports: Parachute, Structured Games

Individual/Dual Sports: Track & Field, Disc Games, Yard Games, Cooperative Activities,

Conditioning/Fitness Activities

PLANNED INSTRUCTION

Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and use safe practices in physical activity settings.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Demonstrate proper/safe use of equipment.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Identify strategies to avoid or resolve conflicts such as seek adult intervention or walk away.	Safety & Injury Prevention 10.3.6.C	MP 1 MP 2 MP 3 MP 4
Demonstrate proper execution of critical elements of Soccer	Physical Activity 10.6.6 A	MP 1
Participate in individual and team throwing games.	Physical Activity 10.6.6 A	MP 1 MP 2 MP 4
Exhibit proper execution of critical elements of Basketball.	Physical Activity 10.6.6 A	MP 3
Learn basic movement patterns to execute jump rope and hula hoop skills.	Physical Activity 10.6.6 A	MP 1 MP 2 MP 3
Show proper execution of critical elements of Whiffle ball.	Physical Activity 10.6.6 A	MP 4
Know and recognize changes in body response to participation in physical activities including heart and breathing rate.	Physical Activity 10.4.6.C	MP 1 MP 2 MP 3 MP 4
Demonstrate individual effort during physical activity.	Concepts, Principles, & strategies of Movement 10.5.6 A	MP 1 MP 2 MP 3 MP 4
Demonstrate locomotor movement skills including walk, run, hop, jump, skip, gallop, and slide.	Concepts, Principles & strategies of Movement 10.5.6.B	MP 1
Perform non locomotor movements including bend, stretch, and twist.	Concepts, Principles & strategies of Movement 10.5.6 A	MP 1 MP 2 MP 3 MP 4
Show manipulative movements skills including throw, catch, kick	Concepts, Principles & strategies of Movement 10.5.6.B	MP 1 MP 2 MP 3 MP 4

PLANNED INSTRUCTION

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Recognize and demonstrate relationships (under, over, beside) with and without equipment.	Concepts, Principles, & strategies of Movement 10.5.6 A	MP 1 MP 2 MP 3 MP 4
Demonstrate proper form when executing critical elements of a sport related skill.	Concepts, Principles & strategies of Movement 10.5.6.F	MP 1 MP 2 MP 3 MP 4

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Fitness testing, Preparation for class, Teacher Observation, Participation, and Sportsmanship

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: None