

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Adapted Physical Education Grades K-2

Course Number: 08616

Course Prerequisites: None

Course Description: Grade K-2 Adapted Physical Education introduces students with disabilities to movement concepts and skills, builds social interaction skills through activity, and facilitates the importance of safety rules and procedures to promote a safe Physical Education environment.

Suggested Grade Level: Kindergarten

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☐ F – Final Average

☒ MP – Marking Period

☐ EXM – Final Exam

GPA Type:

☒ GPAEL-GPA Elementary

☐ GPAML-GPA for Middle Level

☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average

☐ GPA-Weighted Grade Point Average

State Course Code: 08001

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: NA

Publisher: NA

ISBN #: NA

Copyright Date: NA

WCSD Board Approval Date: NA

Supplemental Materials: NA

Curriculum Document

WCSD Board Approval:

Date Finalized: 11/6/2019

Date Approved: 4/13/2020

Implementation Year: 2020/2021

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Throwing Basics

Recreational Sports: Tag Games, Kickball/Variations, Hula Hoop, Structured Games

Individual/Dual Sports: Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Volleyball

Recreational Sports: Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games

Individual/Dual Sports: Bowling, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball

Recreational Sports: Racquet Sports, Structured Games

Individual/Dual Sports: Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

Marking Period 4

Team Sports: Whiffle Ball

Recreational Sports: Parachute, Structured Games

Individual/Dual Sports: Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

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Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and use safe practices in physical activity settings	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Exhibit safe play within the Physical Education setting.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Participate in age-appropriate warm-up activities that promote safe physical fitness.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Demonstrate proper execution of the critical elements of soccer. (Passing, dribbling, shooting).	Safety & Injury Prevention 10.3.3 D	MP 1
Participate in individual and team throwing games.	Physical Activity 10.4.3 A 10.4.3 C	MP 1 MP 2 MP 4
Exhibit proper execution of the critical elements of Basketball. (Passing, dribbling, shooting)	Physical Activity 10.4.3 A 10.4.3 C	MP 3
Learn basic movement patterns to execute jump rope and hula hoop skills.	Physical Activity 10.4.3 A 10.4.3 C	MP 1 MP 2
Show proper execution of the critical elements of Whiffle Ball (Underhand throwing, catching, and striking).	Physical Activity 10.4.3 A 10.4.3 C	MP 4
Know and recognize changes in body responses during moderate to vigorous physical activity including heart rate and breathing rate during physical activity.	Physical Activity 10.4.3 A 10.4.3 C	MP 1 MP 2 MP 3 MP 4
Demonstrate locomotor movement skills including walk, hop, jump, side slide, and gallop, skip, run.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4
Show manipulative movement skills including throw, catch, kick.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4
Recognize and demonstrate relationships (under, over, beside) with and without equipment.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4

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Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Recognize spatial awareness within general and personal space.	Concepts, Principles, & Strategies of Movement 10.5.3 A	MP 1 MP 2 MP 3 MP 4

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher observation and skill assessment.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Teacher observation and skill assessment.