

## WARREN COUNTY SCHOOL DISTRICT

### PLANNED INSTRUCTION

#### **COURSE DESCRIPTION**

**Course Title:** Adapted Physical Education Grades 3-5

**Course Number:** 08618

**Course Prerequisites:** None

**Course Description:** Grade 3-5 Adapted Physical Education is a continuation of skill development and an introduction to promoting sportsmanship and teamwork in a safe physical education environment. Students will complete Modified Physical Fitness Testing.

**Suggested Grade Level:** Grade 3

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](#)

**Certification verified by the WCSD Human Resources Department:** ☒ Yes ☐ No

#### **WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

☐ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

**GPA Type:** ☒ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

**State Course Code:** 08001

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:** NA

**ISBN #:** NA

**Copyright Date:** NA

**WCSD Board Approval Date:** NA

**Supplemental Materials:** NA

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 11/6/2019

**Date Approved:** 4/13/2020

**Implementation Year:** 2020/2021

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

***Team Sports:*** Soccer, Football

***Recreational Sports:*** Tag Games, Kickball/Variations, Hula Hoop, Structured Games

***Individual/Dual Sports:*** Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 2**

***Team Sports:*** Volleyball, Team Handball

***Recreational Sports:*** Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games

***Individual/Dual Sports:*** Bowling, Cooperative Activities, Conditioning/Fitness Activities

**Marking Period 3**

***Team Sports:*** Basketball, Floor Hockey

***Recreational Sports:*** Racquet Sports, Structured Games

***Individual/Dual Sports:*** Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

**Marking Period 4**

***Team Sports:*** Whiffle Ball

***Recreational Sports:*** Parachute, Structured Games

***Individual/Dual Sports:*** Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

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**Standards/Eligible Content and Skills**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Marking Period Taught</b>
Identify and use safe practices in physical activity settings.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Demonstrate proper/safe use of equipment.	Safety & Injury Prevention 10.3.3 D	MP 1 MP 2 MP 3 MP 4
Identify strategies to avoid or resolve conflicts such as seek adult intervention or walk away.	Safety & Injury Prevention 10.3.6.C	MP 1 MP 2 MP 3 MP 4
Demonstrate proper execution of critical elements of Soccer	Physical Activity 10.6.6 A	MP 1
Participate in individual and team throwing games.	Physical Activity 10.6.6 A	MP 1 MP 2 MP 4
Exhibit proper execution of critical elements of Basketball.	Physical Activity 10.6.6 A	MP 3
Learn basic movement patterns to execute jump rope and hula hoop skills.	Physical Activity 10.6.6 A	MP 1 MP 2 MP 3
Show proper execution of critical elements of Whiffle ball.	Physical Activity 10.6.6 A	MP 4
Know and recognize changes in body response to participation in physical activities including heart and breathing rate.	Physical Activity 10.4.6.C	MP 1 MP 2 MP 3 MP 4
Demonstrate individual effort during physical activity.	Concepts, Principles, & strategies of Movement 10.5.6 A	MP 1 MP 2 MP 3 MP 4
Demonstrate locomotor movement skills including walk, run, hop, jump, skip, gallop, and slide.	Concepts, Principles & strategies of Movement 10.5.6.B	MP 1
Perform non locomotor movements including bend, stretch, and twist.	Concepts, Principles & strategies of Movement 10.5.6 A	MP 1 MP 2 MP 3 MP 4
Show manipulative movements skills including throw, catch, kick	Concepts, Principles & strategies of Movement 10.5.6.B	MP 1 MP 2 MP 3 MP 4

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Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Recognize and demonstrate relationships (under, over, beside) with and without equipment.	Concepts, Principles, & strategies of Movement 10.5.6 A	MP 1 MP 2 MP 3 MP 4
Demonstrate proper form when executing critical elements of a sport related skill.	Concepts, Principles & strategies of Movement 10.5.6.F	MP 1 MP 2 MP 3 MP 4

## **ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Teacher observation, skill assessment, Modified Fitness Testing.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Teacher observation and skill assessment.