PLANNED INSTRUCTION

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Course Title: Health-Kindergarten

Course Number: 08067 **Course Prerequisites:** None

Course Description: Kindergarten Health shall teach, challenge, and support the exploration of concepts

for healthy living. Health will occur one session per week for one marking period. Students will have access to valid health information through QuaverEd Health-PE

Online.

Suggested Grade Level: Kindergarten Length of Course: Once A Week Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG # 47 or #69

To find the CSPG information, go to $\underline{\mathsf{CSPG}}$

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

 \boxtimes F – Final Average \boxtimes MP – Marking Period \square EXM – Final Exam

GPA Type:
☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08070

To find the State Course Code, go to State Course Code, download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

PLANNED INSTRUCTION

TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title:n/aPublisher:n/aISBN #:n/aCopyright Date:n/aWCSD Board Approval Date:n/a

Supplemental Materials: QuaverEd Health-PE

Curriculum Document

WCSD Board Approval:

Date Finalized: 7/27/2023

Date Approved: Click or tap to enter a date.

Implementation Year: 2023-2024

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

PLANNED INSTRUCTION

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1:

- 1. General Health
- 2. Social Behavior
- 3. Responsible Decision Making
- 4. Healthy Practices and Hygiene
- 5. Mental Health and Wellness
- 6. Healthy Eating and Nutrition
- 7. Disease and Illness Prevention
- 8. Safety and Accident Prevention

Marking Period 2:

- 1. General Health
- 2. Social Behavior
- 3. Responsible Decision Making
- 4. Healthy Practices and Hygiene
- 5. Mental Health and Wellness
- 6. Healthy Eating and Nutrition
- 7. Disease and Illness Prevention
- 8. Safety and Accident Prevention

Marking Period 3:

- 1. General Health
- 2. Social Behavior
- 3. Responsible Decision Making
- 4. Healthy Practices and Hygiene
- 5. Mental Health and Wellness
- 6. Healthy Eating and Nutrition
- 7. Disease and Illness Prevention
- 8. Safety and Accident Prevention

Marking Period 4:

- 1. General Health
- 2. Social Behavior
- 3. Responsible Decision Making
- 4. Healthy Practices and Hygiene
- 5. Mental Health and Wellness
- 6. Healthy Eating and Nutrition
- 7. Disease and Illness Prevention
- 8. Safety and Accident Prevention

PLANNED INSTRUCTION

Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Define the four areas of health and identify what factors contribute to holistic health.	10.2.3 B	MP 1 MP 2 MP 3 MP 4
Promote the students' ability to listen actively and respond appropriately, based on their needs and the needs and concerns of others.	10.3.3 C	MP 1 MP 2 MP 3 MP 4
Promote the students' ability to recognize and dene problems as well as learn ways to effectively solve them.	10.3.3 C	MP 1 MP 2 MP 3 MP 4
Strengthen students' understanding of and ability to perform hygiene habits for personal health.	10.2.3 A	MP 1 MP 2 MP 3 MP 4
Define emotion and learn how to communicate their feelings using words for different emotions.	10.3.3 C	MP 1 MP 2 MP 3 MP 4
Understand how food correlates to personal health and body function.	10.1.3 C	MP 1 MP 2 MP 3 MP 4
Understand what happens at a checkup so students feel comfortable during the experience.	10.2.3 A	MP 1 MP 2 MP 3 MP 4
Understand the importance of wearing protective equipment such as helmets and seat belts.	10.3.3 A	MP 1 MP 2 MP 3 MP 4
Define and understand concepts related to Reduce, Reuse and Recycle and its impact on the world around us.	10.2.3 E	MP 1 MP 2 MP 3 MP 4

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments