

## WARREN COUNTY SCHOOL DISTRICT

### PLANNED INSTRUCTION

#### **COURSE DESCRIPTION**

**Course Title:** Health-Grade 5

**Course Number:** 08567

**Course Prerequisites:** None

**Course Description:** Fifth grade health shall teach, challenge, and support every student to realize his/her potential for healthy living. Students will access valid health information through QuaverEd online resource. Health will occur one time per week for two marking periods. Health 5 will receive a pass/fail mark on the report card.

**Suggested Grade Level:** Grade 5

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG #47 or #70

To find the CSPG information, go to [CSPG](#)

**Certification verified by the WCSD Human Resources Department:** ☒ Yes ☐ No

#### **WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

**GPA Type:** ☒ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

**State Course Code:** 08075

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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#### **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

##### **Board Approved Textbooks, Software, and Materials:**

**Title:** n/a  
**Publisher:** n/a  
**ISBN #:** n/a  
**Copyright Date:** n/a  
**WCSD Board Approval Date:** n/a

**Supplemental Materials:** QuaverEd Health-PE

#### **Curriculum Document**

##### **WCSD Board Approval:**

**Date Finalized:** 7/27/2023  
**Date Approved:** Click or tap to enter a date.  
**Implementation Year:** 2023-2024

#### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

**Marking Period 2**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

**Marking Period 3**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

**Marking Period 4**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

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**Standards/Eligible Content and Skills**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Marking Period Taught</b>
Understand how individual behaviors impact personal health in various ways and over time.	10.2.6 D	MP1 MP2 MP3 MP4
Promote informed health decisions.	10.2.6 C	MP1 MP2 MP3 MP4
Create an emergency response plan.	10.3.6 B	MP1 MP2 MP3 MP4
Learn how to have conversations with others when conflict or disagreement exists or when feelings might have been hurt.	10.3.6 C	MP1 MP2 MP3 MP4
Recognize various forms of diversity and how they enrich people's lives.	10.1.6 A	MP1 MP2 MP3 MP4
Create long-term and short-term problem-solving strategies.	10.2.6 A	MP1 MP2 MP3 MP4
Evaluate the accuracy and truthfulness of information derived from a variety of sources.	10.2.6 A	MP1 MP2 MP3 MP4
Analyze the impact of healthy habits.	10.2.6 E	MP1 MP2 MP3 MP4
Identify the lifetime benefits of dental hygiene.	10.2.6 A	MP1 MP2 MP3 MP4
Recognize the warning signs of suicide and learn ways to address them.	10.3.6 C	MP1 MP2 MP3 MP4
Understand and prevent the consequences of stress by maintaining healthy behaviors and using stress relief strategies when needed.	10.1.6 E	MP1 MP2 MP3 MP4
Identify common eating disorders and their negative impact on multiple dimensions of health.	10.1.6 C 10.2.6 B	MP1 MP2 MP3 MP4
Identify common eating disorders and their negative impact on multiple dimensions of health.	10.1.6 C 10.2.6 B 10.1.6 E	MP1 MP2 MP3 MP4
Understand the harmful impact of alcohol, tobacco, and drugs on multiple dimensions of health.	10.1.6 D	MP1 MP2 MP3 MP4
Identify and explore sadness and know when to seek support.	10.3.6 A	MP1 MP2 MP3 MP4
Identify proper management of common illnesses and diseases.	10.1.6 B	MP1 MP2 MP3 MP4
Promote safety and identify personal responsibility.	10.3.6 A	MP1 MP2 MP3 MP4
Evaluate situations in order to remain safe.	10.3.6 A	MP1 MP2 MP3 MP4

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#### **ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, Teacher Observation.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, and Written Assignments